

A GUIDE TO FAMILY DISCIPLESHIP



ANTIOCH CHURCH



FAMILY DISCIPLESHP PLAN AND INFO DOCUMENT

FAMILY DISCIPLESHP AUTHORS MATT CHANDLER AND ADAM GRIFFIN DEFINE FAMILY DISCIPLESHP AS "LEADING YOUR HOME BY DOING WHATEVER YOU CAN WHENEVER YOU CAN TO HELP YOUR FAMILY BECOME FRIENDS AND FOLLOWERS OF JESUS CHRIST."

*BEFORE WE START LOOKING AT THE RESOURCES BELOW AND EVEN THE DISCIPLESHP PLAN, LET'S LOOK AT THE WHY, WHAT & HOW OF DISCIPLESHP.

WHY (THE REASON) – WE WANT TO MOVE BEYOND INFORMATION TO FORMATION. A DISCIPLE IS A LEARNER, STUDENT OR APPRENTICE.

WHAT (THE GOAL) – 1) BE WITH GOD (ABIDE) 2) BECOME LIKE JESUS 3) DO WHAT JESUS DID

HOW (THE METHOD) – SPIRITUAL DISCIPLINES ARE HABITS ON THE LIFESTYLE OF JESUS THAT CREATE TIME AND SPACE FOR US TO ACCESS THE PRESENCE AND POWER OF THE FATHER AND IN DOING SO, BE TRANSFORMED BY THE HOLY SPIRIT. (JOHN MARK COMER)

*THERE IS A RUBRIC INCLUDED THAT WILL USE METRICS TO GIVE PARENTS A WAY TO SEE WHERE THEY ARE AT, AS WELL AS A WAY FOR LEADERS, LOOKING FROM THE OUTSIDE IN, TO SEE WAYS TO HELP AND ENCOURAGE PARENTS.

*TWO MAIN DISCIPLESHP RESOURCES

LIFEWAY BIG QUESTIONS & ANSWERS (CHILDREN)

EMPOWERED HOMES CONVERSATION KIT (YOUTH)

*PARENT RESOURCES (WEBSITES)

ALLPRODAD.COM

EMPOWEREDHOMES.ORG

FOCUSONTHEFAMILY.COM

GROWINGKIDSFORTHEKINGDOM.COM

IMPORTANT WEBSITES & APPS (CHURCH, CHILDREN'S MINISTRY, YOUTH MINISTRY)

*COMMUNITY CHURCH BUILDER (LEAD APP) – ANTIOCHJC.CCBCHURCH.COM

*ABC CHILDREN'S MINISTRY (FB)

HTTPS://WWW.FACEBOOK.COM/GROUPS/518474881533912

*ANTIOCH YM (FB)

HTTPS://WWW.FACEBOOK.COM/GROUPS/ANTIOCHPROJECTYOUTHMINISTRY

*ANTIOCH YM (INSTAGRAM)

PROJECTYM210

*TEAMREACH (APP FOR COMMUNICATION W/ LEADERS/YOUTH/PARENTS)

FOUNDATIONAL SCRIPTURE

*PSALM 78:1-8

*DEUTERONOMY 6:4-9

SPIRITUAL DISCIPLINES (HABITS)

THESE ARE THE METRICS WE WILL USE IN OUR RUBRIC SHEET.

*READ YOUR BIBLE (DAILY / WEEKLY)

*PRAY (PRAY BY YOURSELF, SILENTLY & OUT LOUD / PRAY FOR & WITH YOUR SPOUSE / PRAY FOR & WITH YOUR CHILDREN AND THEN PRAY FOR OTHER PRAYER NEEDS)

*CREATE AN INNER CIRCLE (THIS IS ONE OF THE REASONS WHY D GROUPS & SMALL GROUPS ARE SO IMPORTANT! HAVE THAT INNER CIRCLE FOR ACCOUNTABILITY, ENCOURAGEMENT AND ADVICE)

*TELL OTHERS - EVANGELISM (THE CLOSER IN RELATIONSHIP YOU GET WITH JESUS THE MORE YOU WANT TO SHARE THAT WITH OTHERS)

*GIVE/TITHE

*ATTENDANCE (SUN MORNING CHURCH SERVICE, SS/SMALL GROUP, D GROUP)

*SERVE (INSIDE THE CHURCH / OUTSIDE THE CHURCH)

FAMILY GOALS

(THESE ARE SOME SPECIFIC EXAMPLES TO USE WITHIN THESE METRICS)

*START A FAMILY PRAYER JOURNAL THAT STAYS IN THE LIVING ROOM (EVERYONE WRITES IN THE PRAYER JOURNAL ONCE A WEEK)

*SIT DOWN FOR AT LEAST ONE MEAL DURING THE WEEK (M-TH) AND ONCE ON WEEKEND (F-SUN)

*ONCE A WEEK DO A DEVOTIONAL (IT CAN BE AS SHORT AS 5 TO 10 MINUTES, BUT ONCE A WEEK SHARE A VERSE, DEVOTIONAL THOUGHT AND HOW YOU CAN APPLY THE VERSE).

*PRAY TO START AND END THE DAY EVERY DAY WITH YOUR CHILDREN. (AGAIN, THIS CAN BE SHORT, BUT IF YOU BUILD THIS IN YOUR CHILDREN WILL SEE THE IMPORTANCE OF PRAYER) *ALSO YOU MAY HAVE A ROUTINE SO DADS CAN DO MORNINGS AND MOMS CAN DO NIGHTS OR THE OTHER WAY AROUND.

*PRAYER PROMPT JAR - WRITE A VARIETY OF PRAYERS ON POPSICLE STICKS AND PUT THEM IN A MASON JAR. EACH NIGHT EVERYONE DRAWS AND PRAYS FOR ONE EACH.

CONVERSATION STARTERS

- *WHO DID YOU ADD VALUE TO TODAY? (DON'T STRIVE TO HAVE SUCCESS, STRIVE TO BE OF VALUE)
- *WHAT IS SOMETHING GOD TAUGHT YOU TODAY?
- *WHAT IS SOMETHING YOU HAVE PRAYED FOR TODAY?
- *WHO IS THE LAST PERSON THAT INSPIRED YOU?
- *WHO DID YOU ENCOURAGE TODAY?
- *WHO ENCOURAGED YOU TODAY?
- *HOW WERE YOU CHALLENGED TODAY?
- *WHAT IS SOMETHING THAT MADE YOU SMILE TODAY?
- *WHAT WAS THE HARDEST PART ABOUT TODAY?

SPIRITUAL CHECK IN QUESTIONS (W/ OTHER PARENTS & POSSIBLY W/ YOUR D GROUP)

- *WHAT ARE SOME THINGS THAT YOU ARE CURRENTLY PRAYING FOR YOUR KIDS ABOUT?
- *HOW DID YOU SHOW THE LOVE OF CHRIST TO YOUR SPOUSE THIS WEEK?
- *HOW DID YOU SHOW THE LOVE OF CHRIST TO YOUR CHILDREN THIS WEEK?

ACRONYM TO TEACH YOUR CHILDREN TO LEARN WHAT DISCIPLESHIP MEANS (SPIRITUAL H.A.B.I.T.S.)

- HANG TIME W/ GOD – PRAYER, KEEP JOURNAL, READING YOUR BIBLE, ETC.
- ACCOUNTABILITY W/ ANOTHER BELIEVER – PRAY W/ ONE ANOTHER, STUDY W/ ONE OTHER
- BBLE MEMORIZATION – MEMORIZIZE SCRIPTURE
- IINVOLVEMENT W/ CHURCH BODY – ATTEND CHURCH EVENTS, INVOLVED IN SERVICES
- TTITHING COMMITMENT – LEARN TO TITHE
- SSTUDY SCRIPTURE – LEARN HOW TO APPLY THE GOSPEL

RUBRIC

(BELOW IS TO GIVE A PICTURE OF WHERE YOU ARE AT AND THE GOAL IS TO MOVE FROM COMMUNITY TO CORE)

THE CIRCLES OF COMMITMENT

THE GOAL OF YOUR ORGANIZATION IS TO MOVE PEOPLE FROM THE OUTER CIRCLE (LOW COMMITMENT) TO THE INNER CIRCLE (HIGH COMMITMENT). (FROM RICK WARREN'S PURPOSE DRIVEN YOUTH MINISTRY)

COMMUNITY

YOUR STARTING POINT

HOTTEST PROSPECTS

CROWD

EVERYONE WHO SHOWS UP

BELIEVERS AND NON-BELIEVERS

CONGREGATION

OFFICIAL MEMBERS OF YOUR ORGANISATION

HAVING MORE ATTENDEES THAN MEMBERS MEANS THE ORGANISATION IS BEING EFFECTIVE IN ATTRACTING THE UNCONVERTED; SIMILAR TO HAVING MORE NEW PEOPLE SIGNING AN ONLINE PETITION THAN THE EXISTING LIST MEMBERS.

COMMITTED

THEY PRAY (ACT), GIVE (DONATE), AND ARE DEDICATED TO GROWING IN DISCIPLESHIP (TRAINING).

THEY ARE GOOD PEOPLE BUT THEY HAVE NOT YET GOTTEN INVOLVED IN MINISTRY (VOLUNTEER COORDINATION).

CORE

WITHOUT THESE PEOPLE YOUR ORGANIZATION WOULD COME TO A STANDSTILL.

COVENANT (FOR DADS)
"ALL IN"

PREAMBLE: WE WANT TO LEAD OUR FAMILIES WITH LOVE THROUGH OUR WORDS & ACTIONS. WE WANT OUR FAMILIES TO SEE JESUS CHRIST IN US ALL WE DO. WE WILL LIVE OUR LIVES OUT THROUGH ACTS OF DEVOTION, WORSHIP, SERVICE GUIDED BY THE HOLY SPIRIT. WE PROMISE THESE THINGS TO GOD. WE KNOW THAT GOD WILL FORGIVE US WHEN WE MAKE A MISTAKE BUT WE WILL BE FAITHFUL FOLLOWERS OF JESUS CHRIST.

ACTS OF DEVOTION

**READ MY BIBLE AT LEAST 4 DAYS EACH WEEK
PRAY FOR MY FAMILY (GO TO DISCIPLESHIP PLAN AND GIVE SPECIFICS)**

ACTS OF WORSHIP

**ATTEND WORSHIP SERVICE EACH WEEK TO WORSHIP CORPORATELY WITH MY CHURCH FAMILY
ATTEND A D GROUP OR SMALL GROUP FOR PERSONAL GROWTH**

ACTS OF MINISTRY & SERVICE

USE MY SPIRITUAL GIFTS TO HELP BUILD MY CHURCH AND THE KINGDOM FINDING A PLACE TO SERVE MY CHURCH WEEKLY & MY COMMUNITY REGULARLY.

PERSONAL COMMITMENTS

COVENANT CONCLUSION: WE PROMISE TO FOLLOW THIS COVENANT, LEADING OUR FAMILY BY OUR WORDS AND OUR ACTIONS.

(OPTIONAL: THIS COULD BE A PLACE WHERE EACH DAD COULD WRITE OUT A UNIQUE AND SPECIFIC COMMITMENT TO THEIR FAMILY)

SIGNATURE _____